



**South Africa and Gorongosa National Park, Mozambique**  
**May 26 – June 3, 2019**  
*Registration*

Name as it is on your passport: \_\_\_\_\_

Passport number \_\_\_\_\_ Expiration \_\_\_\_\_

Date of birth \_\_\_\_\_

Preferred mailing address: \_\_\_\_\_

\_\_\_\_\_

Phone number (        ) \_\_\_\_\_ Email \_\_\_\_\_

Rooming: \_\_\_\_\_ Single (\$500 addtl) \_\_\_\_\_ Double with \_\_\_\_\_

\*Travel Insurance: Trip Cancellation Insurance is highly recommended. To cover pre-existing conditions, the insurance must be purchased within 14 days from deposit date. For information contact Cathy Miller at Global Travel at 387-1114 or [cathym@globaltrav.com](mailto:cathym@globaltrav.com)

**Visa(s):**

**South Africa**

U.S. citizens (U.S. passport holders) visiting the Republic of South Africa for ninety (90) days or less for tourism / business purposes do not need visas.

**Mozambique**

U.S. citizens (U.S. passport holders) visiting Mozambique are required to purchase a visa when entering the country. The \$50 purchase can be made at the airport upon arrival in Beira.

**Vaccination Requirements**

Make sure you are up-to-date on routine vaccines before every trip. These vaccines include measles-mumps-rubella (MMR) vaccine, diphtheria-tetanus-pertussis vaccine, varicella (chickenpox) vaccine, polio vaccine, and your yearly flu shot.

|                             |   |
|-----------------------------|---|
| <a href="#">Hepatitis A</a> | CDC recommends this vaccine because you can get hepatitis A through contaminated food or water in <i>South Africa and Mozambique</i> , regardless of where you are eating or staying.   |
| <a href="#">Malaria</a>     | You will need to take prescription medicine before, during, and after your trip to prevent Malaria in <i>Mozambique</i> . Your doctor can help you decide which medicine is right for you, you about other steps you can take to prevent malaria.           |
| <a href="#">Typhoid</a>     | You can get typhoid through contaminated food or water in <i>South Africa and Mozambique</i> . recommends this vaccine for most travelers, especially if you are staying with friends or smaller cities or rural areas, or if you are an adventurous eater. |

There is no risk of yellow fever in *South Africa or Mozambique*. **However**, the Mozambican Interior and Health Ministries require all foreign visitors who have been in areas where yellow fever is present to show a certification of vaccination at the Mozambican border, the U.S. Department of State reports.

You can contact the following Travel Medicine offices here in Boise for their recommendations. St. Luke's Travel Medicine at 706-7200 or St. Alphonsus Travel Medicine at 302-5200.

Emergency Contact Name \_\_\_\_\_

Phone Number (            ) \_\_\_\_\_

Program cost: \$4,045 (double occupancy) - *The program cost includes the registration fee which is a \$500 tax deductible contribution to the Wassmuth Center.*

**Program cost includes** - lodging (two nights in Johannesburg, South Africa and six nights in Chitengo - Gorongosa National Park, Mozambique); meals, tours and activities as identified in the daily itinerary, on-continent roundtrip airfare from South Africa to Mozambique and in-country airfare from Beira to Chitengo.

**Program cost does not include** - the international airfare to Johannesburg, South Africa, travel insurance, vaccinations, passport and Mozambique entrance visa (\$50 payable upon arrival), single-occupancy lodging, and gratuities for the tour and safari guides.

The program is limited to 18 participants.

For more information or to register, contact [dan@wassmuthcenter.org](mailto:dan@wassmuthcenter.org); registration payment can be made online through the Wassmuth Center's donation link: <http://wassmuthcenter.org/donate/>

RETURN THE COMPLETED FORM TO THE WASSMUTH CENTER, 777 S. 8<sup>TH</sup>, BOISE, ID 83702  
\$500 REGISTRATION FEE DUE WITH THE COMPLETED FORM (INCLUDED IN THE TOTAL COST OF THE PROGRAM, THE \$500 IS A TAX-DEDUCTIBLE DONATION TO THE WASSMUTH CENTER.)



## "Each One, Teach One"

Johannesburg, South Africa and Gorongosa National Park, Mozambique

### NOT INCLUDED:

- VISA TO ENTER MOZAMBIQUE (A VISA IS NOT NECESSARY TO ENTER SOUTH AFRICA)
- BAGGAGE FEES
- MEALS NOT INCLUDED IN ITINERARY
- All items of a personal nature such as laundry, cleaning, telephone, internet, or fax expenses, beverages including tea and coffee (except at breakfast and at hotel dinners), wines, liquors, soft drinks, etc.
- GRATUITIES for the Tour Director, motor coach driver and local guides are not included.
- TRAVEL INSURANCE IS OPTIONAL\*

Passport: Must have at least 2 blank unstamped visa pages for South Africa. Passport must be valid for at least 6 months after you return. To enter Mozambique, you'll need a passport that is valid for at least 6 months from your date of arrival and have at least 3 unstamped passport pages. You also must carry your vaccination records that show that you have been vaccinated for yellow fever or received a vaccine waiver.

Health Requirements: For any health requirements contact St. Luke's Travel Medicine at 706-7200 or St. Alphonsus Travel Medicine at 302-5200

### CLOTHING

When selecting your safari wardrobe, keep in mind the following: light clothing, neutral colors and protection from sun and mosquitoes. Neutral colors are nice to wear in order to blend into the bush.

- Light clothing (shorts, t-shirts) for warm afternoons
- Warm clothing (long sleeved shirts, sweatshirts, pants) for cool evenings
- Hiking boots / walking shoes and long socks
- Raincoat
- Sandals
- Swimsuit
- Sunglasses
- Hat

### Equipment

- Binoculars
- Camera / Video Camera
- Flashlight
- Backpack
- Water bottle
- Guide books & animal checklists

## Travel & Medical Supplies

- Passport & Visa
- Additional piece of identification, such as driver's license
- Photocopy of passport kept in a separate place
- Vaccination records
- Travel Insurance (optional)
- Plug adapters - a 2-pronged European plug adapter
- Anti-malarial medication
- Other medications (e.g. prescriptions)
- Sunscreen
- Insect repellent\*

### Recommendations for insect repellent:

- The most effective insect repellent is DEET and repellent with 10% is sufficient.
- Repellents with the active ingredient IR3535 is effective for mosquitoes but won't protect against biting flies.
- Permethrin impregnated clothing and bed nets are also very effective.

## PROGRAM

Participant independently scheduled flights to Johannesburg, South Africa with arrival on **May 26, 2019**.

**\*Please send arrival flight number and time to [info@wassmuthcenter.org](mailto:info@wassmuthcenter.org)**

Meet and Assist at Airport – exchange currency in the airport if you will want to have cash in hand for purchases and/or meals not included in the program

Transfer to the hotel

Hotel: 54 on Bath (two nights)

54 Bath Ave, Rosebank, Johannesburg, 2196, South Africa

The hotel is connected to the Rosebank Mall and African Craft Market, with close proximity to the Melrose Arch and Nelson Mandela Square; a number of shops, restaurants and cinemas are available. *Day at leisure, group meals and a travel program have not been arranged for the arrival day.*

### **May 27, 2019**

Breakfast in the hotel.

Today's sightseeing starts with an enriching visit to SOWETO (South Western Township), the largest township in the country. Soweto is a part of South Africa's turbulent past, but this multicultural area is also a reflection of today and hope for tomorrow. Along the way, see the neighborhood that was home to two Nobel Peace Prize winners: Archbishop Desmond Tutu and Nelson Mandela. Gain some perspective of life here at MANDELA HOUSE, where Nelson Mandela lived from 1946 to around 1960, when he was forced underground to elude arrest.

You will also see the Hector Pieterse Memorial, dedicated to the 12-year-old boy killed by police during a demonstration in 1976. This led to the Soweto Uprising, an important event in the long struggle to end apartheid some 14 years later.

Lunch at a local restaurant

Next, visit the unforgettable APARTHEID MUSEUM. Here you will learn about the founding of South Africa before delving into the apartheid era. Using photos, video, and print, the museum takes you on an

extraordinary journey through the apartheid years to the 1994 democratic elections that named Nelson Mandela president.

Dinner in the hotel

### **May 28, 2019**

Breakfast in the hotel

Transfer to O.R. Tambo International Airport

|        |  |  |
|--------|--|--|
| SA8214 | <b>DEPART:</b><br>O R Tambo International Arpt,<br>Johannesburg (JNB)<br>Tue May 28 2019 at 11:30 AM<br>Terminal B | <b>ARRIVE:</b><br>Beira Arpt, Beira (BEW)<br>Tue May 28 2019 at 01:10 PM |
|--------|--|--|

**Duration:** 1h 40m **Aircraft:** Embraer RJ135 **Operated by:** South African Airlink

VISA – a visa is required when entering Mozambique and can be purchased upon arrival. Bring \$50 US (two \$20s and one \$10 preferably); due to restrictions by the Mozambican banking system, all bills must be dated 2008 or later.

Transfer from Beira Airport to Chitengo (Gorongosa National Park, Mozambique)

Lodging:

- MONTEBELO BUNGALOW (DOUBLE OCCUPANCY) - The rooms are furnished with a king-sized bed or TWO twin sized beds. All of the doors and windows are equipped with screens to keep out mosquitos and the beds come with mosquito netting, so you don't have to bring your own. Air conditioning, hair dryers, mini fridge, lock-up safe, bathroom amenities, and a kettle with coffee and tea making supplies are provided for your comfort. These rooms also have WiFi access.
- MONTEBELO GARDEN ROOM (SINGLE OCCUPANCY) - The rooms are furnished with a fan, hair dryer, mini fridge, lock-up safe, bathroom amenities, and a kettle with coffee and tea making supplies. All of the doors and windows are equipped with screens to keep out mosquitos. These rooms also have WiFi access. Each room has an outdoor seating area which overlooks the garden and pool – perfect for enjoying the beautiful birdlife in Chitengo.

Special Sundowner - Grab a cold beer from the cooler, sit down, and relax. The sun is setting on a classic African river scene and it's time to for a "sundowner." Sometimes, the sound of African drums drifts up from the village below. The sun reaches the horizon, a ball of blazing orange, the kind of amazing sunset only Africa can conjure up. Sip and enjoy...

Dinner at Chikalango – The chefs at Chikalango Restaurant & Bar are proud to serve delicious authentic Mozambican and international cuisine using fresh, local ingredients. The restaurant is proud to feature locally grown, organic vegetables that are purchased to support communities around the Park.

### **May 29, 2019**

Morning Game Drive - our Mozambique safari begins as we drive out into the bush just in time for sunrise. The light is a photographer's dream, golden rays streaming through the fever trees. All around us the forest is filled with Gorongosa's unforgettable dawn chorus, the air bursting at the seams with birdsong. On the floodplain, huge waterbuck appear like ghosts in the rising fog. By now, Gorongosa's untamed wilderness is coming to life. Like wary soldiers patrolling a jungle full of hidden enemies, huge troops of baboons cautiously leave the safety of the trees to go foraging on the savannah. Wading birds alight on the riverbanks to begin the search for breakfast. In the treetops, a fish eagle tosses back his head and makes one of the unmistakable calls of the Gorongosa dawn: *weee-ah hyo-hyo-hyo*. If we're

lucky, we'll see a pride of lions returning from a night's hunting: mouths bloody, bellies bulging, flopping down in the shade to sleep it off.

Accompanied by a qualified, local Safari Guide, we'll explore over 100 kilometers of tracks in an open Toyota Landcruiser with raised safari seats – perfect for game-viewing and long-lens photography. The morning safari departs at 6am and lasts for three hours. (Yes, we have to get up early but it's worth it!)

Breakfast at Chikalango

Lab Tour and Coffee Roasting

Lunch at Chikalango

Afternoon Game Drive - Depart for our afternoon Mozambique safari at 3pm to explore the untamed Gorongosa wilderness for three hours. By now, the lions might be waking up from their afternoon naps and starting to think about dinner. There's nothing quite like locking eyes with a truly wild lion – a moment that chills and thrills you. Don't worry – they're not interested in you! But they do perk up at the sight of an impala herd in the distance. (Unlike other parks, you won't be in a traffic jam to see the lions.) As the day closes, the ancient silhouette of a herd of elephants crosses the horizon. They're on their way to a favorite watering hole for some fresh water and a cooling mud bath. The light begins to glow redder, providing photographers with that blazing radiance they crave.

Dinner at Chikalango (Bush Dinner)

### **May 30, 2019**

Breakfast at Chikalango

Visit to Community Education Centre via Nhambita Agricultural Projects - One of the core beliefs at Gorongosa National Park is that the health and security of the Gorongosa ecosystem is *directly* linked to the health and security of the people living around the Park.

Therefore, the conservation work isn't just inside the Park, working with majestic animals and beautiful landscapes. Some of the most important conservation work is done *outside* the Park, in communities and villages, in schools and health clinics.

Although Mozambique's economy is growing at an extraordinary rate, it's still a very poor country. The people living around Gorongosa face huge challenges: lack of food security, limited access to health services and education, and poverty-related social problems.

To secure a great future for Gorongosa National Park, the project must improve the lives of its people. Their goal is healthy families with improved food security, alternative, sustainable livelihoods and reduced population pressure around Gorongosa.

Lunch at the CEC

Game Drive through the Sanctuary

Science presentation (from a Scientist who may be at Chitengo or a fellow working on a project)

Dinner at Chikalango

### **May 31, 2019**

Breakfast at Chikalango

Trip to Gorongosa Mountain (visit the coffee project and waterfall)

Picnic Lunch by the water fall

Depart to Chitengo  
Dinner at Chikalango

**June 1, 2019**

Breakfast at Chikalango

Drive to Sungwe or Urema – Boating Activity (weather depending)

Lunch at Hippo House or Lion House

Game Drive Back

Dinner at Chikalango

**June 2, 2019**

AM walking safari (six participants - optional)

Morning game drive safari

Lunch at Chikalango

PM walking safari (six participants - optional) ending at the sundowner spot to join the group

Afternoon game drive

Dinner at Chikalango

**June 3, 2019**

Morning Game drive and walking safari for the remaining four participants (optional)

Breakfast at Chikalango

Departure from Chitengo to Beira Airport

SA8215

**DEPART:**

Beira Arpt, Beira (BEW)  
Mon Jun 03 2019 at 01:30 PM

**ARRIVE:**

O R Tambo International Arpt,  
Johannesburg (JNB)  
Mon Jun 03 2019 at 03:20 PM  
Terminal A

**Duration:** 1h 50m **Aircraft:** Embraer RJ135 **Operated by:** South African Airlink

**Schedule departure from Johannesburg on a flight after 5:30 p.m.**