



Pedals and Packs Service Project in Cambodia
March 15 – 24, 2019 (\$2,900 double occupancy / \$1,700 land-only package)
Registration

Name as it is on your passport: _____

Passport number _____ Expiration _____

Date of birth _____

Preferred mailing address:

Phone number () _____ Email _____

Rooming: _____ Single (\$300 addtl) _____ Double with _____

Delta Sky Miles # _____

_____ I would like to purchase travel insurance* for an additional fee.

*Travel Insurance: Trip Cancellation Insurance is highly recommended. To cover pre-existing conditions, the insurance must be purchased within 14 days from deposit date. For information contact Cathy Miller at Global Travel at 387-1114 or cathym@globaltrav.com

Emergency Contact Name _____

Phone Number () _____

The “Pedals and Packs” Service Project is limited to 18 participants;
register early to reserve your spot.

Additional Costs: Visa and Gratuities

A passport and visa is required to enter the Kingdom of Cambodia; the visa can be purchased upon arrival at Phnom Penh International Airport. The passport must be valid for at least six (6) months from the expiry date. One (1) recent passport-sized photo must be attached to the visa application (passport photos can be taken and purchased at any Walgreens). **The cost of the visa is \$30 US. (\$70 will be collected before arrival in Phnom Penh to cover the gratuities for the guide.)**

Vaccination Requirements

Make sure you are up-to-date on routine vaccines before every trip. These vaccines include measles-mumps-rubella (MMR) vaccine, diphtheria-tetanus-pertussis vaccine, varicella (chickenpox) vaccine, polio vaccine, and your yearly flu shot. Although no vaccinations are officially required for entry to Cambodia, they are highly encouraged. Program participants are advised to check with their doctor or a travel immunization clinic regarding protection against typhoid, tetanus, hepatitis A and B. Any essential medications should be brought with you as there is no guarantee of availability in Cambodia. Throughout the program, we will emphasize - DRINK LOTS OF WATER. However, never drink the tap water; bottled water is always available.

You can contact the following Travel Medicine offices here in Boise for their recommendations. St. Luke's Travel Medicine at 706-7200 or St. Alphonsus Travel Medicine at 302-5200.

Since Cambodia has a hot and humid tropical climate, casual and light-weight clothing is best. A hat and high-factor sun block is advisable as protection against the hot sun when outdoors. When visiting temples or pagodas, including those of Angkor Wat, shorts and t-shirts are acceptable. Shoes are generally removed at the entrance to pagodas.

LIABILITY WAIVER / RISK ACKNOWLEDGEMENT

I understand that the Wassmuth Center for Human Rights does not provide health and accident insurance for program participants, and I understand that any medical expenses, property loss, or other personal expenditures that result during or from this travel/trip, are to be borne by the participant, or by their parent or guardian (if student/participant is a minor). I also hereby consent, give authorization to, and release from liability, the trip sponsors to secure any emergency medical treatment in event I am unable to, and I agree to be responsible for the costs thereof.

In consideration of the opportunity afforded, with full knowledge and acceptance of the risks associated with this program and any activities noted within; and with full understanding I hereby release, indemnify and hold harmless the Wassmuth Center for Human Rights, Inc, its staff, board, and volunteers from all form and manner of risks inherent in, and from all claims, suits and demands of any nature arising from participation in said program, or activities.

Signature _____ Date _____

RETURN COMPLETED FORM TO THE WASSMUTH CENTER, 777 S. 8TH, BOISE, ID 83702
BY **DECEMBER 15, 2018 WITH A \$250 PROGRAM DEPOSIT.**

\$1,800 payment due to the Wassmuth Center for Human Rights by January 15, 2019.
Final payment of \$850 due to the Wassmuth Center for Human Rights on or before March 1, 2019.

Itinerary

Friday, March 15, 2019

Depart Boise

Saturday, March 16, 2019

Arrive in Phnom Penh, Cambodia, process through customs and transfer to the hotel.

Hotel: Patio Urban Hotel (two nights) <http://www.patio-hotel.com/>

Sunday, March 17, 2019

Visit Tuol Sleng Genocide Museum and Cheung Ek Killing field.

Visit the Royal Palace then Sunset Cruise on Mekong River.

Dress: shirt covers shoulder, skirt or pants at knee length

 Breakfast

 Lunch

 Dinner

Monday, March 18, 2019

Visit Champey Dancing Academy School

Stop at stone carving village.

Motor coach to Kompong Thom with lunch stop, check in at hotel.

Hotel: Sambor Village Hotel, (one night)

Dress: casual

 Breakfast

 Lunch

 Dinner

Tuesday, March 19, 2019

Optional morning yoga session

Visit Sambor Prei Kuk historial site

Kompong Kdei ancient bridge

Motor coach to Siem Reap with a stop at Banteay Chmar Historical Tour

Hotel check-in.

Hotel: Prince d'Angkor, (four nights) <http://www.princedangkor.com/>

Dress: casual

 Breakfast


 Lunch

 Dinner

Wednesday, March 20, 2019

Pedals and Packs bicycle distribution / school service project

Fare Cambodian Circus

 Breakfast

 Lunch

 Dinner

Thursday, March 21, 2019

Siem Reap Historical sites tour: Angkor Wat, Angkor Thom

Afternoon: Visit Ta-Prom and Banteay Srei

Dinner and Traditional Dance show

Dress: shirt covered shoulders and knee length pants

 Breakfast

 Lunch

 Dinner

Friday, March 22, 2019

Optional yoga session

Landmine Museum and Beong Mealea

Afternoon at leisure.

Dress: shirt covered shoulders and knee length pants

 Breakfast

 Lunch

 Dinner


Saturday, March 23, 2019


Monk Blessing and Discussion


Motor Coach to Phnom Penh

Farewell dinner riverside in Phnom Penh

Transfer to the airport.

 Breakfast

 Lunch

 Dinner

Late night departure from Phnom Penh with **Sunday, March 24, 2019** arrival in Boise.