

# WHO IS AN UPSTANDER?

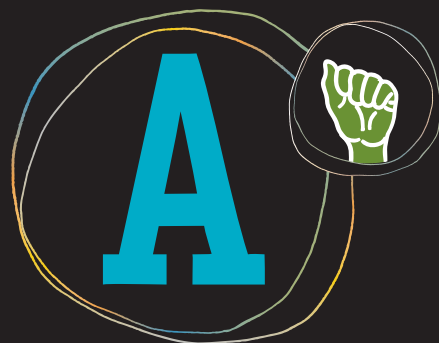


# I AM AN UPSTANDER



BOISE IDAHO

“The world is a dangerous place to live in,  
not because of the people who are evil,  
but because of all the people who  
don't do anything about it.”



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ALBERT EINSTEIN

# I AM AN UPSTANDER



BOISE IDAHO

# WHO IS AN UPSTANDER?



1) Print front and back. 2) Cut along the dotted lines. 3) Fold once along the center lengthwise. 4) Fold the right and left blocks inward. 5) Fold in half so that "WHO IS AN UPSTANDER?" appears on the front. 6) Reference often.

Cut Here  
Cut Here

# ASK

Do you recognize an injustice?  
What are examples of injustice around me?

When you hear someone tell a joke that belittles others or use a word that is demeaning, ask ...

“Make injustice visible.”  
MAHATMA GANDHI

“It is never too late to  
give up our prejudices.”  
HENRY DAVID THOREAU

# TEACH

How can I promote change?  
How can I keep this from happening again?

Teach by example of how you live your life.  
“Upstander” is a verb, as well as a noun.

# CHOOSE

What actions can I take?  
How will I act in this situation?

Being an upstander is a choice, just as being a bystander is a choice – but doing nothing in the face of injustice implies that you agree.

“When the whole world is  
silent, even one voice  
becomes powerful.”  
MALALA YOUSAFZAI

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