



*Pedals and Packs Service Project in Cambodia*  
March 20 – 29, 2020 (\$2,950 double occupancy)  
*Registration*

Name as it is on your passport: \_\_\_\_\_

Passport number \_\_\_\_\_ Expiration \_\_\_\_\_

Date of birth \_\_\_\_\_

Preferred mailing address:

\_\_\_\_\_  
\_\_\_\_\_

Phone number (        ) \_\_\_\_\_ Email \_\_\_\_\_

Rooming: \_\_\_\_\_ Single (\$300 addtl) \_\_\_\_\_ Double with \_\_\_\_\_

Delta Sky Miles # \_\_\_\_\_

\_\_\_\_\_ I would like to purchase travel insurance\* for an additional fee.

\*Travel Insurance: Trip Cancellation Insurance is highly recommended. To cover pre-existing conditions, the insurance must be purchased within 14 days from deposit date. For information contact Cathy Miller at Global Travel at 387-1114 or [cathym@globaltrav.com](mailto:cathym@globaltrav.com)

Emergency Contact Name \_\_\_\_\_

Phone Number (        ) \_\_\_\_\_

The “Pedals and Packs” Service Project is limited to 18 participants;  
register early to reserve your spot.

## **Additional Costs: Visa and Gratuities**

A passport and visa is required to enter the Kingdom of Cambodia; the visa can be purchased upon arrival at Phnom Penh International Airport. The passport must be valid for at least six (6) months from the expiry date. One (1) recent passport-sized photo must be attached to the visa application (passport photos can be taken and purchased at any Walgreens). **The cost of the visa is \$30 US.**

## **Vaccination Requirements**

Make sure you are up-to-date on routine vaccines before every trip. These vaccines include measles-mumps-rubella (MMR) vaccine, diphtheria-tetanus-pertussis vaccine, varicella (chickenpox) vaccine, polio vaccine, and your yearly flu shot. Although no vaccinations are officially required for entry to Cambodia, they are highly encouraged. Program participants are advised to check with their doctor or a travel immunization clinic regarding protection against typhoid, tetanus, hepatitis A and B. Any essential medications should be brought with you as there is no guarantee of availability in Cambodia. Throughout the program, we will emphasize - DRINK LOTS OF WATER. However, never drink the tap water; bottled water is always available.

You can contact the following Travel Medicine offices here in Boise for their recommendations. St. Luke's Travel Medicine at 706-7200 or St. Alphonsus Travel Medicine at 302-5200.

Since Cambodia has a hot and humid tropical climate, casual and light-weight clothing is best. A hat and high-factor sun block is advisable as protection against the hot sun when outdoors. When visiting temples or pagodas, including those of Angkor Wat, shorts and t-shirts are acceptable. Shoes are generally removed at the entrance to pagodas.

## **PROGRAM EXPECTATIONS**

Each program participant is a representative and ambassador of the Wassmuth Center for Human Rights, the state of Idaho and the United States of America. As such, each participant agrees that he/she will not bring harm, embarrassment, disgrace or discomfort to him/herself or to any member of the group. Each participant agrees to the following:

- I realize that my behavior will reflect not only on me but also on the group as a whole.
- Any possession or use of alcohol or any possession or use of any controlled substance will not be allowed or tolerated. If I break this expectation, I understand that I may be sent home immediately on a convenient means of transportation at the discretion of the program sponsors and any additional expenses will be covered by my parents or guardians following a collect call.
- I understand that smoking or other use of tobacco is not allowed.

- I understand that I must stay with the group at all times unless special permission has been obtained by the sponsor. When staying in a public accommodation, I will be in my room at the agreed times.
- I understand that it is important to adhere to time schedules. I will be prompt for all occasions.
- I understand that I will wear acceptable dress as deemed appropriate by the sponsor.
- I understand that I am expected to abide by the laws of the city, state or country in which I am visiting.

**LIABILITY WAIVER / RISK ACKNOWLEDGEMENT**

I understand that the Wassmuth Center for Human Rights does not provide health and accident insurance for program participants, and I understand that any medical expenses, property loss, or other personal expenditures that result during or from this travel/trip, are to be borne by the student/participant, or by their parent or guardian (if student/participant is a minor). I also hereby consent, give authorization to, and release from liability, the trip sponsors to secure any emergency medical treatment in event I am unable to, and I agree to be responsible for the costs thereof.

**In consideration of the opportunity afforded, with full knowledge and acceptance of the risks associated with this program and any activities noted within; and with full understanding I hereby release, indemnify and hold harmless the Wassmuth Center for Human Rights, Inc, its staff, board, and volunteers from all form and manner of risks inherent in, and from all claims, suits and demands of any nature arising from participation in said program, or activities.**

Student’s signature \_\_\_\_\_ Date \_\_\_\_\_

As a parent/guardian of the participant, I have read and understand the program expectations and liability waiver and agree that my participant will abide by it or I will pay any additional costs involved. I have received a copy of the above for my reference.

Parent/guardian’s signature \_\_\_\_\_ Date \_\_\_\_\_

Phone number \_\_\_\_\_ e-mail \_\_\_\_\_

**RETURN COMPLETED FORM TO THE WASSMUTH CENTER, 777 S. 8<sup>TH</sup>, BOISE, ID 83702  
BY DECEMBER 15, 2019 WITH A \$750 PROGRAM DEPOSIT.**

**\$1,500** payment due to the Wassmuth Center for Human Rights by January 15, 2020.  
Final payment of **\$700** due to the Wassmuth Center for Human Rights on or before March 1, 2020.

## Itinerary

### **Friday, March 20, 2020**

Depart Boise

### **Saturday, March 21, 2020**

Arrive in Phnom Penh, Cambodia, process through customs and transfer to the hotel.


Hotel: Patio Urban Hotel (two nights) <http://www.patio-hotel.com/>

### **Sunday, March 22, 2020**

Visit Tuol Sleng Genocide Museum and Cheung Ek Killing field.

Visit the Royal Palace then Sunset Cruise on Mekong River.

Dress: shirt covers shoulder, skirt or pants at knee length

 Breakfast

 Lunch

 Dinner

### **Monday, March 23, 2020**


Visit Champey Dancing Academy School

Stop at stone carving village

Motor coach to Kompong Thom with lunch stop, check in at hotel.

Hotel: Sambor Village Hotel (one night) <https://www.samborvillage.asia/>

Dress: casual

 Breakfast

 Lunch

 Dinner

### **Tuesday, March 24, 2020**

Visit Sambor Prei Kuk historical site

Kompong Kdei ancient bridge

Motor coach to Siem Reap with lunch stop, check in at hotel.

Hotel: Prince d'Angkor (four nights) <http://princededangkor.com/>

Dress: casual

 Breakfast

 Lunch

 Dinner

### **Wednesday, March 25, 2020**

Pedals and Packs bicycle distribution / school service project

Fare Cambodian Circus

Dress: casual

 Breakfast

 Lunch


 Dinner

### **Thursday, March 26, 2020**

Siem Reap Historical sites tour: Angkor Wat, Angkor Thom

Afternoon: Visit Ta-Prom and Banteay Srei, Early dinner

Dinner and Traditional Dance Show

 Breakfast

 Lunch


 Dinner

### **Friday, March 27, 2020**

Monk's Chat and Monk blessing

Landmine Museum and Beong Mealea

Dress: shirt covered shoulders and knee length pants

 Breakfast

 Lunch

 Dinner

### **Saturday, March 28, 2020**

Fly to Phnom Penh (Lunch)

Cyclo Architectural Tour of Phnom Penh

Farewell Dinner

Transfer to the airport.

 Breakfast

 Lunch

 Dinner

Late night departure from Phnom Penh with **Sunday, March 29, 2020** arrival in Boise.